

## Female Genital Mutilation Specialist Health Services in the UK

## London:

#### 1. The Sunflower Clinic (pregnant & nonpregnant women)

Gynaecological Outpatient Department Queen Charlotte's & Chelsea Hospital Du Cane Road London, W12 OHS **Tel:** 077 3097 0738 (Juliet) or 020 3312 1060 (Zuriash) **Clinic times:** Alternating Fridays (9am-12pm)

**Contact:** Juliet Albert (juliet.albert@nhs.net) and Zuriash Amare

No GP referral needed, they have a specialist FGM counsellor/Specialist community health advocates and interpreters.

They offer deinfibulation (known as reversal) under local anaesthetic or they can fast track an appointment to have it done under a general anaesthetic if you prefer.

This service is completely confidential. They aim to see you within 2 weeks of you contact.

#### 2. The Sunflower clinic (pregnant women)

St. Mary's Hospital Gynaecology & Midwifery Department Day assessment unit, Maternity Department, Praed Street London, W2 1NY **Tel:** 020 3312 1060 **Open:** Tuesdays; 9:00 am – 15:00 pm **Contact:** Zuriash Amare (specialist midwife)

#### 3. Guy's & St. Thomas's Hospital

African Well Women's Clinic 8th Floor – c/o Antenatal Clinic Lambeth Palace Rd London, SE1 7EH **Tel:** 020 7188 6872 Mob: 07956 542 576 **Open:** Monday-Friday (9am-4pm) **Contact:** Miatta Kpakra (FGM public health

#### Specialist)

This clinic provides access to information, support and referral to appropriate agencies, and counseling. They also offer surgical deinfibulation, as well as community support and training for all professionals.

#### 4. Zahra's Clinic (maternity)

UCLH University College Hospital Clinic 3; Elizabeth Garrett Anderson Wing 235 Euston Road, London, NW1 2BU Tel: 020 3447 9411 Contact: Sarah Creighton and Maligaye Bikoo

This clinic offers consultation, as well as counselling and psychology support. They provide assessment for pregnant women before childbirth. They also offer a choice of local or general anaesthetic, for deinfibulation. This procedure can be done on the same day as a woman's assessment, if she chooses.

There is a clinical nurse specialist available to support patients throughout their care.

#### 5. Central Middlesex Hospital

Women's & Young People's Services African Well Women's Clinic -Antenatal Clinic Acton Lane, Park Royal London, NW10 7NS Tel: 02089655733 Open: Fridays (9am–12pm) Contact: Jacky Deehan (Jacqueline.deehan@nhs.uk) or Kamal Shehata Iskander (kamal.shehataiskander@nwlh.nhs.uk)

6. Whittington Hospital African Well Women's Clinic

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Antenatal Clinic Level 5 Magbala Avenue, Highgate Hill London, N19 5NF Contact: Huda Mohamed Tel: 07825 034665

#### 7. Mile End Hospital – Barts Health NHS Trust

Women's & Young People's Services Sylvia Pankhurst Health Centre (pregnant & non-pregnant women) Women's and Young People's Services Sylvia Pankhurst Health Centre 3rd Floor, Bancroft road, London E1 4DG Open: Monday-Thursday 12:00-8:00pm, Friday 9:30am-5:30pm Telephone: 0207 377 7898 or 0207 377 7870 0208 223 8322 Vanessa.apea@bartshealth.nhs.uk www.bartsandthelondon.nhs.uk

#### 8. Northwick Park & St. Mark's Hospital

African Well Women's Clinic -Antenatal Clinic Watford Road Harrow Middlesex, HA1 3UJ Tel: 020 8864 3232 Open: Friday, 9am – 5pm Contact: Jeanette Carlsson

#### 9. Chelsea & Westminster FGM Service

Provides psychosexual, maternity and gynaecology advice and treatment for pregnant and non-pregnant affected by FGM, No GP referral required.

#### a) Chelsea and Westminster Hospital

Gynaecology Outpatients 369 Fulham Road London, SW10 9NH **Open:** 1st and 3rd Wed of the month, 14:00-17:30 **Mob:** 07812 378 363 **Contact:** Deborah Alcayde (FGM/Perineal Specialist Midwife) <u>debora.alcayde@chelwest.nhs.uk</u> <u>caw-tr.fgmwestlondon@nhs.net</u>

#### b) West Middlesex Hospital

First floor of Twickenham House Isleworth, Middlesex TW7 6AF Contact: Maryan Muse (specialist midwife) Tel: 07904574114 <u>Maryan.Muse@chelwest.nhs.uk</u>

## <u>Bristol</u>

#### **10. Bristol Community Rose Clinic**

The Bristol Community Rose Clinic provides care and support for women who are experiencing problems as a result of female genital mutilation (FGM). The clinic provides an environment Where women are invited to discuss their health needs in a sensitive and non-judgmental environment. This specialist service is staffed by an all-female team, who understand the sensitivity and complexity of issues relating to FGM.

Eastville Medical Practice East Trees Health Centre 100a Fishponds Road Eastville, Bristol, BS5 6SA Phone: 07813 016 911 Email: bristolrose.clinic@nhs.net

## **Birmingham**

#### **11. Birmingham Heartlands Hospital**

Princess of Wales Women's Unit Bordesley Green East Birmingham, B9 5SS **Tel:** 0121 424 2000 **Open:** Mon-Fri 9-5pm **Contact:** Alison Hughes (Specialist FGM midwife) <u>allison.hughes@heartofengland.nhs.uk</u>

#### **12.** Birmingham Women's NHS Foundation Trust

Specialist antenatal clinic for women with history of FGM Mindelsohn Way Edgbaston, Birmingham B15 2TG **Tel:** 44 (0)121 472 1377 **Clinic time:** Thursday's

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**Contact:** Natalie Shorthouse <u>Alison.byrne@bwhct.nhs.uk</u> Natalie.shorthouse@bwhct.nhs.uk

## <u>Liverpool</u>

#### 13. Liverpool Women's Hospital Multi-Cultural Antenatal Clinic

Crown St. Liverpool, L8 7SS **Clinic time:** Thursday morning **Tel:** 0151 708 9988 Can be referred by a GP, or can submit a selfreferral.

## <u>Leeds</u>

#### 14. St. James's University Hospital

Level 4, Gledhow Wing Leeds LS9 7TF **Open**: Antenatal (Wednesday morning), Postnatal (Tuesday afternoon) **Tel:** 0113 2066392

## **Leicester**

#### 15. International Well Woman Clinic- University Hospitals of Leicester

Leicester Royal Infirmary FGM Clinic Kensignton Building Leicester LE1 5WW

Tel: 0116 2587770 Contact: Dr Cornelia Wiesender GP referral not needed.

## **Nottingham**

#### Nottingham University Hospitals – 2 sites

16. 98 City Campus Hucknall Road Nottingham, NG5 1PB Tel: 0115 9691169 ext 55239/55127 Clinic time: Once per month Contact: Carol McCormick Carol.mccormick@nuh.nhs.uk

#### **17. Queens Medical Centre**

Derby Road Nottingham, NG7 2UH Tel: 0115 9249924 ext 61258 Clinic time: Once per month Contact: same as above

## <u>Oxford</u>

18. John Radcliffe Hospital
Oxford Rose Clinic
Level 1 Women's Centre
John Radcliffe Hospital
Oxford, OX3 9DU
Tel: 01865 222969
Open: Monthly, Last Thurs or Fri of the month
10:00-13:00
Contact: Dr Brenda Kelly (Consultant
Obstetrician)
Brenda.kelly@ouh.nhs.uk or
oxfordrose.clinic@nhs.net

## **Scotland**

#### **Maternity services**

19. Royal Infirmary of Edinburgh
51 Little France Crescent
Edinburgh
Tel: 07765 233179 (Vickie)
Open: Monday – Friday 9.00 – 17.00
Contact: Anne Armstrong or Vickie Davitt (vickie.davitt@nhs.net)

#### 20. St John's Hospital (Howden)

Howden Road West Howden Livingstone West Lothian **Tel:** 07765 233179 (Vickie) **Open:** Monday – Friday 9.00 – 17.00 **Contact**: Anne Armstrong or Vickie Davitt (vickie.davitt@nhs.net)

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#### **21.** Chalmers Sexual Health Centre

Chalmers Street Edinburgh **Tel.** 0131 536 1070 (or Vickie Davitt above) Consultant Gynaecologist – Dr Alison Scott Email: <u>Alison.m.scott@nhslothian.scot.nhs.uk</u>

Needs a referral from a GP.